Herald Publications - Torrance, El Segundo, Manhattan Beach, Hawthorne, Lawndale, & Inglewood Community Newspapers Since 1911 - (310) 322-1830 - Vol. 3, No. 52 - December 26, 2013

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# Weekend Forecast

# Friday Partly Cloudy

77°/56°



# Saturday

Partly Cloudy 71°/56°



## **Sunday**

Partly Cloudy 71°/54°



# **Torrance Police Sponsor Santa Float**



Torrance Kiwanis Club members including, Dr. Laurie Love, Charlotte Melsh, Gayle Cdebaca, Christine Elia and their families, board the Torrance Police Officers Association sleigh with Santa (Manny Sousa) and his assistant (Karina Sousa) to spread cheer and candy canes to the neighborhoods of Torrance. This marks the 44th year that members of the Torrance Police Officers Asson. have personally sponsored a Santa Float which started their runs through Torrance neighborhoods on Dec. 1. Detective Chuong Vo serves as TOPA President and also is the driver of the Santa Float. More info is available at www.torrancenog.com. Photo by Charlene Nishimura.

# The Year in Review in Torrance 2013

By TerriAnn Ferren

2013 is nearly over and I know I am not the only one who feels that this year has ticked off a bit faster than we would have liked. In January, hopes for 2013 were fresh and new and no one could predict what the year would hold. I can't help but think back to the people I highlighted in the *Torrance Tribune* during the year and how they contribute each and every day to the community. Some of the very special people are Mark Waronek, who calls high school basketball and football games at Bishop Montgomery High School (Torrance Tribune, Jan. 10) in addition to his full-time job at a public affairs company located in Los Angeles; and San Pedro and Museum curator Max Presneill, who raises the bar for us in the art world by his exhibits at the Torrance Art Museum (Torrance Tribune, Jan. 31). Then there's Torrance resident Ted Lange, who wrote and directed Lady Patriot, which was presented on stage by the South Bay Conservatory during Black History Month (*Torrance Tribune*, Feb. 14). Children had the chance to watch the professional dancers of the Diavolo Dance Company fly and perform live on stage thanks to the Art Attack Foundation that brought the special show to Torrance (Torrance Tribune, Oct. 10).

Festivals and events all over the city kept the community involved and entertained. Remember the Cherry Blossom Festival in March (*Torrance Tribune*, March 21)? Residents from all over the South Bay attended the event at Columbia Park and the entertainment included talented dancers and musicians.

Every day, people among us do extraordinary things. One such story was about the remarkable honesty of Yuka Obayashi, a Japanese immigrant who returned a \$20 bill that she found on Anza Avenue to the Torrance Police Department (*Torrance Tribune*, April 25).

Highlighting the scientific and business side of Torrance this year was exciting. One example is the new, innovative, state-of-theart forensic lab now located in the Torrance Police Department under the guidance of Forensic Supervisor Donna Brandelli (Torrance Tribune, May 9) that will greatly enhance the tools used to solve crime. And the peek into *Phenomenex*, where the president of the company, Fasha Mahjoor, leads with not only cutting-edge scientific knowledge, but also creates inventive and stimulating workspaces for his employees and surrounds them with fine art placed all over the growing plant and offices (Torrance Tribune, Oct. 24). And Pelican Products, under the open-door policy of President and CEO Lyndon Faulkner (Torrance Tribune, May 11) that continues to develop and grow as the company invents more uses for its multiuse cases, refines its high-tech flashlights used by emergency, medical and film crews, plus a myriad of products--all produced in Torrance. In addition to being a leader in the field, this is a perfect example of how a company with world-class products ecologically leaves only a tiny footprint.

The residents in Torrance also know how to have fun! The Roar of Summer (Torrance Tribune, May 23) article explained where Hot Rods are featured and reminded us that anyone can join in the fun and peruse the shiny metal powerhouses and observe the living history of the 'horseless carriage' right in our own backyard by the beach. There is also a fun group of residents who bowl once a month at the local alley (Torrance Tribune, May 30). The citizens of Torrance are definitely out and about. And that means out doing all sorts of things like walking, (Torrance Tribune, Aug. 15), observing the 'snow' of the falling flowers off the Trinity Flowering Pear trees that litter our town with white petals, (Torrance Tribune, Feb. 28), or just relaxing (Torrance Tribune, Feb. 21). Torrance residents keep busy.

It was an honor to speak with our respected and honorable former Mayor Ken Miller, who was featured in the *Torrance Tribune* July 11 and remains an excellent example of what a true public servant looks like. And Ilene Gelbaum took us into the history

and progress of midwifery today (*Torrance Tribune*, July 25) where my eyes were opened and educated about this amazing and special occupation. Jacqueline Glass was instrumental in offering her time, treasure and talent for making a reality of the special opening and dedication of the *Douglas & J. Glass Family Center* on Torrance Boulevard. And just down the street, Forrest Hunt was honored and inducted into the *Bishop Montgomery Athletic Hall of Fame* along with Noelle Quinn, Carmelita Jeter, Mike Gonzales, Irl Davis, and Dr. Rodney A. Stetson (*Torrance Tribune*, August 29).

With the emergence of fall, we took a look at the original Oktoberfest celebration in Germany with the help of Frank Buchwald (*Torrance Tribune*, Sept. 26), who lived in Germany for nine years with his wife Beverly. And who can forget the peek into the busy life of the man who leads and guides the foremost hospital in the area--Craig Leach, President and CEO of *Torrance Memorial Medical Hospital* and *Torrance Memorial Health System* (*Torrance Tribune*, Oct. 17)? Through Craig, we were given a sneak peek into the new Torrance Memorial Hospital wing opening for business on Lomita Boulevard in 2014.

A sad note this year was the passing of two-time basketball Hall of Famer Bill Sharman, who invented the shoot-around and the three-point shot, started the practice of filming opposing teams, coached the famed 1970-'71 Laker team that still holds the record for the most consecutive wins by a franchise in any sport ever (33 straight) and started philanthropy by basketball stars when no one else had even thought about it. This Torrance resident was a legend in his own time and his celebration of life in November still pings at my heart (Torrance Tribune, Oct. 31 and Nov. 7). Bill Sharman was a great man with immense integrity, humanity and love. 2013 was also the 50th anniversary of the sad day in our nation when President John F. Kennedy was assassinated in Dallas, Texas

See TerriAnn in Torrance, page 2

# Calendar

## SATURDAY, DECEMBER 28

• Free Tech Training For Adults at Katy Geissert Civic Center Library. Call (310) 618-5945 to register for individual appointments on Saturdays between the hours of 10 am - 5 pm.

## Tuesday, December 31

• Torrance Certified Farmers' Market, 8 a.m.-1 p.m., Charles H. Wilson Park, 2200 Crenshaw Blvd. For more information call (310) 618-2930.

## Monday, January 6

• Jewish Genealogical Society of Los Angeles, Torrance Meeting and Presentation, 7 p.m. Traveling Library 7:30 p.m. Program, Toyota Automobile Museum, 19600 Van Ness Avenue. For more information email judieson@aol.com.

## Tuesday, January 7

• City Council Meeting, 5:30 p.m. Executive Session, 7:00 p.m. Regular Meeting, 7-10 p.m., City Hall, Council Chamber, 3031 Torrance Bl. For more information call (310) 618-2870.

## WEDNESDAY, JANUARY 8

- Mad Science of Los Angeles Presents Sounds Like Science, 4 p.m., North Torrance Library, 3604 W. Artesia Blvd. For more information call (310) 323-7200.
- Craft Delight-bring your current portable project and a sack lunch to spend time with fellow crafters, Noon-1:30 p.m., Henderson Library, 4805 Emerald St. For more information call (310) 371-2075.

## THURSDAY, JANUARY 9

• Breaking Through (West High Dance

Department), 7 p.m., James Armstrong Theatre, 3330 Civic Center Drive. For more information call (310) 781-7171.

## SUNDAY, JANUARY 12

• Petra Crist: "Namibia, South West Africa" South Coast Cactus & Succulent Society, 1:30 p.m., South Coast Botanic Garden, 26300 Crenshaw Blvd., Palos Verdes Peninsula.

## Ungoing

• Downtown Torrance Marketplace. Every Thursday, 3-8 p.m., on El Prado Street, from Sartori to the Buffalo Fire Department. •

## **TerriAnn in Torrance**

on Nov. 22, 1963. We were given a unique look into one person's perspective on that fated day (*Torrance Tribune*, Nov. 21) and it reminded us of our vulnerability and mortality.

All in all, 2013 has been one amazing year in Torrance and I would be remiss in not extending a big thank you to all the residents who shared and continue to share their

knowledge, insight, life's accomplishments and talent with me every day. We have a beautiful community of involved, caring citizens here in Torrance and I am privileged to get to know you one by one. I look forward to next year with enthusiasm and excitement, as I seek to discover the diamonds and treasure of our town--its people. •

from front page



Craig Leach, president and CEO of Torrance Memorial Hospital.



Fasha Mahjoor, president of Phenomenex.



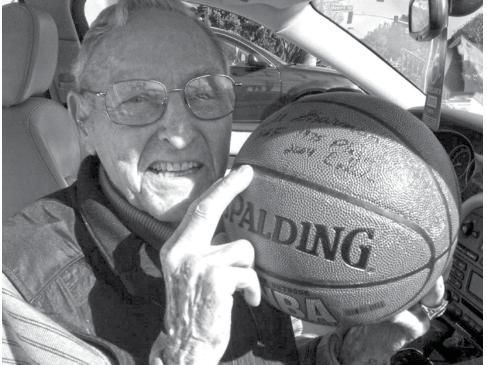
Ken Miller, former mayor of Torrance.



Kenny G at a benefit for Torrance Memorial.



Bowling for fun.



Bill Sharman autographing a ball for my brother.



Trinity Flowering Pear.



Lyndon Faulkner, president and CEO of Pelican Product.



Mark Waronek.

# 

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# Politically Speaking

## **One Man's Opinion**

**By Gerry Chong** 

The Christmas elves were in a frenetic rush, running hither and yon, as Christmas approached. For most of the North Pole, it was a season of excitement, but for the two old curmudgeons sitting in the corner of the room it was a time to swig down some Jack Daniels. Rudolph sat red-eyed, slumped in season can be cruel, Rudy, so give me another

Pouring a shooter for Santa, Rudy asked,

"Healthcare, man, healthcare," said Santa. "Five million people have had their policies cancelled, effective this holiday season...five

"F'rinstance, last month, Food Stamps (SNAP) got cut 7%, and on Dec. 28, 1.3 million people will see their unemployment payments end."

his chair, and said to Santa, "I've got to get bombed every year to keep my bulbous nose red. What's your excuse?"

Lifting his head from the table top, the disheveled old fat man replied, "This year's been worse than most, so I've gotta come up with some presents to make the season brighter. It's tough, man, and it's getting tougher.

F'rinstance, last month, Food Stamps (SNAP) got cut 7%, and on Dec. 28, 1.3 million people will see their unemployment payments end. The government hooked them like cocaine addicts on a long-term "free money" binge that kept them unemployed. Now, the Feds want them to kick the habit cold turkey, so withdrawal pains kick in. What happened to the Christmas spirit of good will toward men? This is cold, man....cold."

"Right on," said Rudy, "so what Christmas present will ease the pain?"

"Methadone, man--mass doses of methadone...as much as my sleigh can carry," replied Santa. "Maybe next year the government can come up with some sort of phased withdrawal to make things a little less painful, but for those on a two-year hiatus from work, this is a kick in the gut. The Christmas shot of JD."

"What else is goin' on?"

friggin' million! So rather than reducing the

number of uninsureds, Obamacare has increased it by 11%! In a few days, these people face choices: They can sign up for private insurance in which the average premium will increase by 40%; or they can sign up for Obamacare where the least expensive plan [bronze] carries a deductible of \$5,081--or they can remain uninsured until they need medical care, at which point they can't be denied. As a sign of the way people are leaning, by mid-December, 45 states had failed to attain 10% of the goal they must meet to make Obamacare viable. In Oregon, for example, they spent \$300 million on Obamacare, and have signed up only 44 people!"

"That's awful, Santa, so what present can you give them?" asked Rudolph.

"I'm offering everyone a taxpayer-paid 17day vacation flying first class on Air Force One to Hawaii where the weather is always balmy and the chance of catching a serious illness is pretty minimal," responded Santa. "Like our President, if you won't sign up for Obamacare, head for good weather. Rudy, we've got a lot of work to do, so keep that nose glowing red. Merry Christmas and to all a good night"....hhmmmm, he's makin' a list, checkin' it twice... hic. •

## **Another Man's Opinion**

# Crowdsourcing Laws is a Horrible Idea

By Cristian Vasquez

Assemblyman Mike Gatto recently announced that he is going to introduce a bill next year to address the state's probate code by using the Internet to determine the content of the bill. This is a horrible idea. The Assemblyman wants to draft this piece of legislation by using the Internet to allow public participation. The Assemblyman's website indicates that citizens would be able to visit the "Wiki bill's" website, and through the use of an interface similar to "Wikipedia's," they can "propose, draft, and edit a bill." Assemblyman Gatto is committed to then introducing a bill once a consensus is reached.

This proposed bill would the first crowdsourced piece of legislation in the United

the public to use the Wiki platform to address the state's probate code is irresponsible and ineffective. To come to a reasonable consensus based on what millions of comments in a virtual consensus box say is impossible. A group of five people have a hard time (for the most part) figuring out where to go for lunch. Imagine having millions determining what the state's probate law should say.

Assemblyman Gatto believes that the crowdsourcing is a great way to have peoples' voices heard in government, but maybe he forgot that for many years before the Internet politicians were able to hear peoples' voices. Assembly members and Senators are elected to write these laws. If these elected officials want to know what the citizens think, maybe

"Asking the public to use the Wiki platform to address the state's probate code is irresponsible and ineffective."

States. While the Assemblyman is known for advocating the use of technology as a tool for citizen engagement, this proposal sounds better in spirit that it will be in practice. Allowing people to draft legislation via the Internet is going to slow down an already crawling legislative process. Getting a bill passed by those elected to the sole task of turning bills into laws is already a snail-paced process. Allowing the feedback and comments of potentially millions of people is going to nearly paralyze this process--if approved lawmakers will have to sort through what one can only assume to be a laundry list of horrible ideas in hopes of finding reasonable suggestions among the input.

Yes, public participation is great and the more we as voters engage, the better it is for our state and country. However, asking

they should host a town hall meeting. How about a door-to-door campaign? They are very willing to do this when election season comes around. Why should the process of doing the job they were elected for be any different?

We have all read online articles and the ignorant comments made by people at the bottom of these articles are alone proof as to why this crowdsourcing idea is horrible. I am sure Assemblyman Gatto is truly interested in what the people have to say. However, crowdsourcing is a horrible way to accomplish what he seeks to fulfill. There are already enough lobby groups in politics providing horrible ideas and the money to fund them. Crowdsourcing would only add to the problems plaguing an already dysfunctional Capitol Hill. •

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# 2013's Most Epic Sports Moments

## By Adam Serrao

If you're any kind of a sports fan, then you must have at some point and time fathomed what you would do without it. Spend more time at work? More time going out on Sundays with your significant other than time spent watching football? A horrific thought indeed, but precisely the reason why we all must be game since 1992, and of course the Red Sox winning the World Series. Who could forgot "Big Papi" David Ortiz's home run that sent Torii Hunter flying over the outfield wall at Fenway Park to come from behind and win game two of the ALCS. But the lessertalked-about sports deserve a little love too. For instance, Marion Bartoli came out of

"As 2013 winds down to a close and 2014 gets started, an entire new year of memories will be created."

thankful for the role that sports plays in our lives today. This past year has certainly done its part to remind us all that there are many moments in sports that not only shape our lives, but provide endless amounts of entertainment that, if not experienced alone, can actually bring people together. That in itself is what the holidays are all about, so this Christmas we'll take a look back at some of the most interesting, intense and entertaining sports moments of 2013.

It might be amiss to not start with one of the greatest athletes at his position to ever play in his sport. He was the last baseball player to remind onlookers of the great Jackie Robinson with the 42 that he wore across his pinstriped chest. On Sept. 26, Mariano Rivera, baseball's greatest closer and maybe even greatest pitcher ever, pitched in his last game in front of the Yankee Stadium crowd. Rivera announced that his 19-year baseball career (all spent with the Yankees) would come to a close last March 9 and what followed was truly an amazing demonstration of sportsmanship. Twenty different teams from around the Major Leagues welcomed both Rivera and the Yankees into their homes and expressed their own generosity and thanks to Rivera for his accomplished and illustrious career through gifts. Rivera accumulated gifts such as fishing poles, paintings, beach cruisers and more. All this while compiling 44 saves and giving up just nine walks in just 64 innings for a lessthan-stellar Yankees team. For the last time ever, Mariano stood on the mound in front of 48,000 cheering Yankees fans and watched as Derek Jeter and Andy Pettitte made their way to the mound to officially relieve Rivera of his duties. Jeter whispered, "It's time to go." Rivera took his last teary-eyed look at the crowd, tipped his hat and walked off the field with light flickers blazing. 2013 was the last time that Mariano Rivera would pitch in a Major League Baseball game.

There was certainly other baseball news, like the Pirates winning their first playoff



nowhere and defeated Sabine Lisicki in the Wimbledon final this year. Andy Murray took down the mighty Novak Djokovic to become the first British man to win Wimbledon in 77 years. To round out Djokovic's unlucky year, Rafael Nadal defeated him twice--once in the French Open semis and again to take the U.S. Open crown.

Then of course, there was LeBron James. With perhaps an entire nation rooting against him (minus Florida), the Miami Heat defeated the Indiana Pacers in the Eastern Conference Finals and moved on to face off against the San Antonio Spurs in the NBA Finals. Sure, the Heat defeated the Spurs in Game 7 to take their second straight championship, but Game 6 was the one to really be remembered. With the game tied at 100 and already in overtime, Ray Allen stepped behind the arc and made one of the most amazing three-point shots that will ever be seen in the game of basketball. If the Spurs won that game, they won the championship. All they needed was for Allen to miss the shot. As it lingered up there in the air for what seemed to be eternity, it slowly came down and not only sank the game-winning three points for the Heat, but also any hope that the Spurs had of winning a championship. Some say that basketball is overrated, but that game sure made it a lot of fun for an entire nation to watch.

Though the football season isn't over yet and surely hasn't given us the last of its memories for the year, Tom Brady has done his part as the "Golden Boy" of the NFL to make us all remember this season for good. His thrilling, come-from-behind victory over Peyton Manning and the Broncos in Week 12 to overcome a 24-point deficit showed just how good the quarterback is at his craft. If that win didn't do enough to get your juices flowing, then maybe you'll remember Brady's 17-yard touchdown at the back of the end zone to take down the New Orleans Saints in Week 6. There is never any shortage of power in Brady to get his team over the hump. There certainly was a shortage of power in New Orleans last February, though, when the San Francisco 49ers took on the Baltimore Ravens in Super Bowl XLVII. The Ravens were winning the game handily in the first half before the lights went out. Then things got interesting. San Francisco mounted a comeback and took the deficit from 28-6 to 34-31 in the final seconds. The Ravens ultimately held on for the victory, but the conspiracy theories still haven't stopped creating a buzz in the world's most televised sporting event ever.

Naturally, there were many, many more memories from 2013 that simply didn't make the cut, but the thought of those should not be diminished. Take time this holiday season to realize what sports is all about and appreciate the role that it plays in your life. As 2013 winds down to a close and 2014 gets started, an entire new year of memories will be created. Keep an open eye and never lose sight of what is taking place before you, for you never know when you just might be witnessing greatness. •

## **Sports**

## The 2013 That Was

## By Adam Serrao

The holidays are a time for giving--a time with cheer in the air when mutual respect should be shared by family, friends and strangers alike. Make no mistake, though, the high school student athletes from the various campuses around Torrance have no lack of animosity toward one other just because of the feelings that are currently in the air. Torrance, South, West and North have all around quickly. Baseball is the sport that South has experience the most success in this year, finishing in second place in the Pioneer League with wins over both West and Torrance to add to the resume. Grady Sain led his squad to a first round playoff victory over Estancia and looks to get his team ready to roll again this coming March.

The Torrance Tartars almost always find themselves under the radar here on the east

"Torrance, South, West and North have all produced some of the greatest rivalry games against one another that the high school sports world has seen over the past year of play."

produced some of the greatest rivalry games against one another that the high school sports world has seen over the past year of play. Mutual respect naturally exists, but there is no shortage of fire in their eyes when these cross-town rivals take on one another and compete for league championships. Now that the year is coming to a close, it is the perfect time to take a look back at the rivalries that were in the 2013 athletic season.

Some might say that the West High Warriors get the short end of the stick. Being in the Bay League, West finds itself continuously under pressure from extremely talented rivals on a year-in and year-out basis in just about every sport that there is. That fact was no more evident than when the Warriors found themselves in fourth place at the end of last year's basketball standings. Despite their unfavorable seed, however, West was able to advance to the quarterfinals of the playoffs. The Warriors hope to relive that success going into the 2014 basketball season, but currently sit in dead last place in what should be another highly competitive season in the Bay League. Baseball may have been the Warriors' most unsuccessful sport this season, but even when the season is deemed unsuccessful, West still makes it to the playoffs. That's precisely what head coach Juan Cueva and his Warriors did this past year, coming out of third place in the standings. Their departure in the first round of the playoffs, though, was understated by their wins over North, Torrance and South in rivalry games on the schedule. Football was the most successful of the three major sports for West as head coach Greg Holt led his team to the semifinal game in the CIF playoffs where they lost to eventual champions Hart. West, though, was able to take out North, South and Torrance on its way to the playoffs.

Almost exactly unlike the Warriors, the South High Spartans have been having tough seasons almost across the board in the sports world this past year. This football season was a microcosm of the Spartans' struggles, as the team amassed only two victories over Centennial and Lawndale under coach Josh Waybright. The basketball season that ended early this year was a little bit better for the Spartans, even though they finished in fifth place in the standings. The Spartans lost three of their last four games of the regular season, but were able to rally into the playoffs, taking a first round loss to Bonita. The end of the year hasn't started out much better for the basketball team, as head coach Leo Klemm and company are only out to a 1-4 start so far and look to get things turned

side of Torrance, but their football season spoke volumes this year. After three straight losses to start the season, the team rallied under head coach Rock Hollis to win three of its last five games and run past Azusa in the first round of the playoffs. Hollis and Torrance can take solace in the fact that they lost in the second round to eventual champions Nordhoff. The baseball season was almost as successful as football was, as the Tartars finished the regular season off in first place ahead of both North and South. The Tartars even swept North High in the season series to start the playoffs on a roll. It was there that Tartars season came to an abrupt end, however, as they were shocked in the first round by San Dimas. The Tartars have been absolutely dreading basketball season, as they finished the year off at 5-21 and tied for last place in the Pioneer League standings. This season has started out in a much more successful fashion for the Tartars, though, as they have won three games in a row and have already tied their mark for wins last year with five on the young season.

Lastly, the North High Saxons have been this year's most impressive team so far in the young basketball season. At a record of 9-1 and in first place in the Pioneer League, the Saxons have lost to only Mira Costa this year. It's definitely a major step up from last season's 0-4 start and second place finish for the Saxons where the team was knocked out in the first round of playoffs the day before Valentine's Day. The baseball season wasn't much more successful for North. The Saxons lost their last six games of the season, dropping them down to a fourth place finish behind both Torrance and South. North swept the season series against South, but lost both games to the Tartars. Todd Croce's football team notched wins over both South and Torrance and finished in second place in league standings, but were knocked on in the first round of the playoffs by Bishop Diego by a final score of 34-0.

As this sports season quickly comes to an end, another will be just behind it to follow. The rivalries around Torrance will hold strong and new teams will rise to the tops of their divisions while other will, unfortunately, fall to the bottom. One thing to always keep in mind, however, is that this holiday season should make us aware that we should not only be thankful for the sports in our lives, but for the high school athletes who play them and entertain us all on a nightly basis as well. Don't forget to support your local high school athletes and support them as they march from the winter season on

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New to using cooking wine? Try this delicious recipe for Creamy Marsala Spaghetti Sauce for a unique twist on the traditional

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PRESENTS....

# **New Years Eve**

Tuesday, December 31st at 5:30PM & 8:00PM

\$26 per person

Special Prix Fixe Menu Italian New Years Eve Dinner

Four course meal includes choice of: antip<mark>as</mark>ti, primi piatti, <mark>secondi, e d</mark>olce Confirmed reservations receive a welcoming glass of Italian spumante

> Live Music Reservations Required

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# Creamy Marsala Spaghetti Sauce Prep time: 45 minutes - Makes 4 to 6 servings.

## **Ingredients**

- 1 pound lean ground beef
- 1 cup Holland House Marsala Cooking Wine
- 2 1/2teaspoons parsley
- 2 carrots, shredded or finely chopped
- 1 cup mushrooms, diced
- 4 garlic cloves, minced
- 1/2 cup onion, chopped
- Itablespoon olive oil Itablespoon oregano
- 1 can (29 ounces) tomato sauce
- 2tablespoons sugar
- 3/4 cup half-and-half or cream



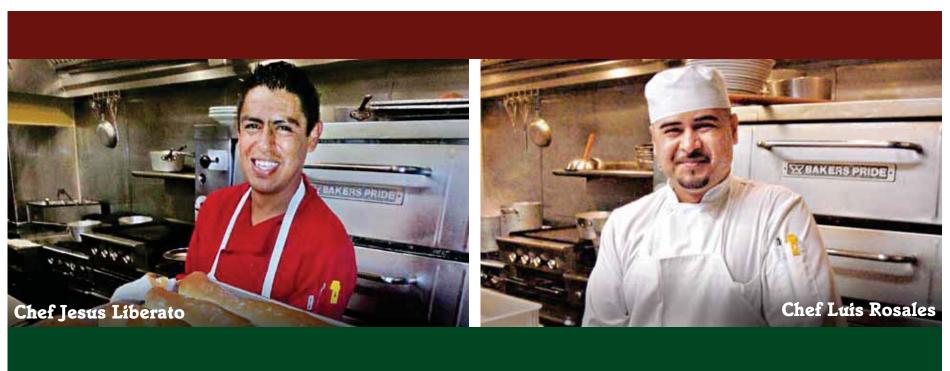
## **Directions**

In a frying pan over low heat, gently and slowly cook hamburger with 1/4 cup of the cooking wine and 1 1/2 teaspoons of parsley.

Chop the carrots, mushrooms, garlic and onion, and add to an 8-quart pot with the olive oil. Saute the veggies until soft (about 2 minutes) and then add remaining parsley and oregano. Add the remaining 3/4 cup of cooking wine to the pot and gently simmer for 5 minutes. Add tomato sauce and sugar. Stir and gently simmer over low heat for at least 20 minutes or for up to an hour. Drain the meat and add it to the pot. Finish with half-and-half or cream, stirring until combined.

Prepare your favorite pasta according to packet instructions and stir the sauce into the drained noodles. Serve. •

# Farewell and Welcome from Deluca Trattoria



Talented chef Jesus Liberato, dear friend and Deluca Executive Chef for many years, has recently moved on to a new enterprise. We extend our thanks to Jesus for his dedication and commitment to the increased success of Deluca Trattoria and for always giving his very best to us and our valued customers. Jesus has provided Deluca with excellent cuisine, exceptional service and innovative ideas. We wish him the best of luck in his new culinary venture. It will be our pleasure to visit him at his new place of business and celebrate his success. Auguri e Buona Fortuna!

We extend our hearty congratulations to chef Luis Rosales in his promotion from chef to taking over the position of Head Chef at Deluca's. Working side by side with Jesus in the Deluca cucina for four years, Luis has shown his natural abilities in providing outstanding, delicious and authentic Italian cuisine. Deluca is fortunate to have Luis and welcome him to his new position with enthusiasm, anticipation and delight. Our customers tell us our appetizers, salads, entrees and desserts continue to be outstanding with unsurpassed presentation, variety and taste. Say hello to Luis when you visit Deluca Trattoria soon.

# **Classifieds**

The deadline for Classified Ad submission and payment is Noon on Tuesday to appear in Thursday's paper. Advertisements must be submitted in writing by mail, fax or email. You may pay by cash, check, or credit card (Visa or M/C over the phone).

Errors: Please check your advertisements immediately. Any corrections and/or changes in an ad must be requested prior to the following Tuesday deadline in order to receive a credit. A credit will be issued for only the first time the error appears. Multiple runs will only be credited for the first time the error appears. No credit will be issued for an amount greater than the cost of the advertisement.

Beware: Employment offers that suggest guaranteed out-of-state or overseas positions may be deceptive or unethical in nature. If you have any doubts about the nature of a company, contact the local office of the Better Business Bureau, (213) 251-9696. Herald Publications does not guarantee that the advertiser's claims are true nor does it take responsibility for those claims.

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The deadline for Classified Ad copy and payment is at Noon on Tuesday. We reserve the right to reject, edit, and determine proper classification of classified ads. Herald Publications does not guarantee that the advertiser's claims are true nor does it take responsibility for those claims.

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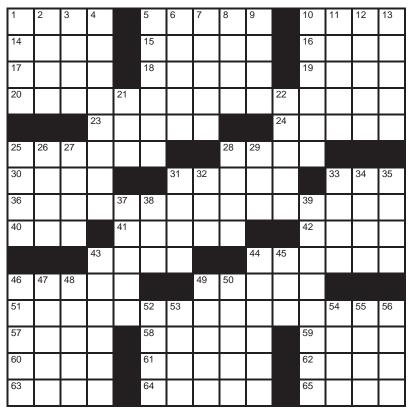
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Card Number			Security Code	Expiration Date
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For your convenience you can fill out this form and fax it (310-322-2787), email (class@

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## WEEKLY CROSSWORD See Answers Next Week Hidden Stars



## Across

- 1. Ballyhoo
- 5. Cut's partner
- 10. Crescent point
- 14. Coin featuring Leonardo da Vinci's Vitruvian Man
- 15. Letter opener?
- 16. "Finnegans Wake" wife
- 17. \_\_\_ Rose 18. Moves a muscle
- 19. First fugitive?
- 20. Tells fortunes, in a way
- 23. Frank kept one
- 24. Comfortable 25. Nickelodeon staples
- 28. Sonata, e.g. 30. Primatologist's study
- 31. Player 33. Finish, with "up"
- 36. Tamarindo, for one
- 40. Body shop fig.
- 41. Greek physician 42. Part of CNN
- 43. \_\_\_ over 44. Horrified
- 46. Round trip?
- 49. Ancient musical instrument 51. Likely loser in court
- 13. Wuss
- 21. Anger, e.g.
- 22. Grasshopper sound, var.25. Newfoundland promontory

57. Literally, "injured"

58. Boys of books

60. Anon's partner

64. Spiraling form

1. Seckel, for one

2. Elegance

3. Carbamide

6. Union station?

8. Over, for short

10. Certain beans

12. Insinuating

11. Deprive of heat?

7. Serpentine

65. White-tailed eagle

63. Williams and Kennedy

\_ Woman," Fleetwood Mac

5. Agnolotti and bucatini, e.g.

9. How Phileas Fogg traveled

59. Traveling

62. Tide type

61. A rival

Down

tune

- 26. Body of verse
  - 27. Medical advice, often 28. Arab League member
  - 29. Ballpoint, e.g.
  - 31. Embellish
  - 32. Big club
- 33. Iris holder
- 34. Puts in stitches 35. Start with while
- 37. Banded stone
- 38. Amscrayed
- 39. Kind of treatment
- 43. Foot travelers
- 44. Knitting pattern, var. 45. Wildebeest
- 46. Young hooter
- 47. "The Canterbury Tales"
- pilgrim 48. Supported
- 49. Boatload
- 50. Court call
- 52. "Heartbreak House" writer 53. Hyperbolic tangent
- 54. The America's Cup trophy,
- 55. Indian bread
- 56. Create an email

## Last Week's Answers

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4	7	8	5	3	2	9	1	6
7	8	4	2	6	9	1	5	3
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Each Sudoku puzzle consists of a 9X9 grid that has been subdivided into nine smaller grids of 3X3 squares. To solve the puzzle each row, column and box must contain each of the numbers 1 to 9.

# Reg Estate

"The California Museum of Fine Art was looking to promote its grand opening in Downtown Torrance earlier this year and to publicize its special event accommodations. The Torrance Tribune did a superb job covering our grand opening and while we just started running the special event ad, we are already very pleased with the feedback from the local community and businesses."

**Brian Higa** 

President

California Museum of Fine Art

## Torrance Tribune





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## **PUBLIC NOTICES**

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## **Fictitious Business** Name Statement 2013249691

The following person(s) is (are) doing business as GO2LAX4LESS TRANSPORTATION SERVICE. 1. 12035 S. BROADWAY #B, LOS ANGELES, CA 90061. 2. P.O. BOX 1884, HOLLYWOOD, CA 90078. Registered Owner(s): Jorge Alarcon, 12035 S. Broadway #B, Los Angeles, CA 90061. This business is being conducted by an Individual. The registrant commenced to transact business under the fictitious business name listed: N/A. Signed: Jorge Alarcon, Owner. This statement was filed with the County Recorder of Los Angeles County on December 05, 2013.

NOTICE: This Fictitious Name Statement expires on December 05, 2018. A new Fictitious Business Name Statement must be filed prior to December 05, 2018 The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (See Section 14400 ET SEQ., Business and Professions Code). Inglewood News: December 12, 19, 26, 2013 and January 02, 2014. **HI-1019.** 

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### Fictitious Business Name Statement 20132511080

The following person(s) is (are) doing business as MEGISYS, LLC. 8429 HOLY CROSS PLACE, LOS ANGELES CA 90045-2634. Registered Owner(s) Megisys, LLC, 8429 Holy Cross Place, Los Angeles, CA 90045-2634. This business is being conducted by a Limited Liability Company. The registrant commenced to transact business under the fictitious business name listed: December 19, 2005. Signed: Megisys, LLC, Carla Ann Cuadros Pera, Manager. This statement was filed with the County Recorder of Los Angeles County on December 06, 2013. NOTICE: This Fictitious Name Statement expires on December 06, 2018. A new Fictitious Business Name Statement must be filed prior to December 06, 2018 The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal. State or Common Law (See Section 14400 ET SEQ., Business and Professions Code) Inglewood News: December 12, 19, 26 2013 and January 02, 2014. **HI-1020**.

## Fictitious Business 2013257507

The following person(s) is (are) doing business as 1. SIMPLE THINGS. 2. SIMPLIFIED NATURALS. 11708 WILKIE AVE, HAWTHORNE, CA 90250. Registered Owner(s): Oscar Becerril, 11708 Wilkie Ave, Hawthorne, CA 90250. This business is being conducted by an Individual. The registrant commenced to transact business under the fictitious business name listed: N/A. Signed: Oscar E. Becerril, Owner. This statement was filed with the County Recorder of Los Angeles County on December 17, 2013. NOTICE: This Fictitious Name Statement expires on December 17, 2018. A new Fictitious Business Name Statement must be filed prior to December 17, 2018 The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (See Section 14400 ET Hawthorne Press Tribune: December 26, 2013 and January 2, 9, 16, 2014. HH-

### Fictitious Business Name Statement 2013244289

The following person(s) is (are) doing business as CARRIAGE HOUSE MODELS. 5237 W. 138<sup>TH</sup> PLACE, HAWTHORNE, CA 90250. Registered Owner(s): Patrick Strong, 5237 W. 138<sup>TM</sup> Place, Hawthorne, CA 90250. This business is being conducted by an The registrant commenced to transact business under the fictitious business name listed: N/A. Signed: Patrick Strong, Owner. This statement was filed with the County Recorder of Los Angeles

County on November 26, 2013. NOTICE: This Fictitious Name Statement expires on November 26, 2018. A new Fictitious Business Name Statement must be filed prior to November 26, 2018. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal. State. SEQ., Business and Professions Code).

### Fictitious Business Name Statement 2013244102

The following person(s) is (are) doing business as THE CHEESE SHOPPE. 1915 VOORHEES AVE. #1, REDONDO BEACH, CA 90278. Registered Owner(s): 1. Allan Kelemen, 1915 Voorhees Ave. #1. Redondo Beach, CA 90278, 2, Susan Garza-Kelemen, 1915 Voorhees Ave. #1, Redondo Beach, CA 90278. This business is being conducted by a Married Couple.
The registrant commenced to transact business under the fictitious business name listed: N/A. Signed: Allan Kelemen, Owner. This statement was filed with the County Recorder of Los Angeles County on November 26, 2013.

NOTICE: This Fictitious Name Statement expires on November 26, 2018. A new Fictitious Business Name Statement must be filed prior to November 26, 2018. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). Torrance Tribune: December 05, 12, 19, 26, 2013. HT-1011.

### Fictitious Business Name Statement 2013243212

The following person(s) is (are) doing business as 1. DANCEWEAR U. 2. COSTUME U. 3. KIDPACK U. 640 LOMITA STREET, EL SEGUNDO, CA 90245. Registered Owner(s): Cindy A. Beckett, 640 Lomita Street, El Segundo, CA 90245. This business is being conducted by an Individual. The registrant commenced to transact business under the fictitious business name listed: September 01, 2013. Signed: Cindy A. Beckett, Owner. This statement was filed with the County Recorder of Los Angeles County on November 25, 2013.

NOTICE: This Fictitious Name Statement expires on November 25, 2018. A new Fictitious Business Name Statement must be filed prior to November 25, 2018. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State SEQ., Business and Professions Code). El Segundo Herald: December 19, 26, 2013 and January 2, 9, 2014. **H-1015.** 

## Fictitious Business 2013248294

The following person(s) is (are) doing business as BULLDOG FARMS. 555 W. 5<sup>TH</sup> STREET 31<sup>ST</sup> FLOOR, LOS ANGELES, CA 90013. Registered Owner(s): Christopher J. Hamner, 555 W. 5<sup>th</sup> Street 31<sup>st</sup> Floor, Los Angeles, CA 90013. This business is being conducted by an Individual. The registrant commenced to transact business under the fictitious business name listed: November 30, 2013. Signed: Christopher J. Hamner, Owner. This statement was filed with the County Recorder of Los Angeles County on December 04, 2013. NOTICE: This Fictitious Name Statement expires on December 04, 2018. A new Fictitious Business Name Statement must be filed prior to December 04, 2018. The filing of this statement does not of itself authorize the use in this state of a

### **Fictitious Business** Name Statement 2013235961

The following person(s) is (are) doing business as JOEYWATTS.COM. 813 CENTER STREET, EL SEGUNDO, CA Registered Owner(s): Joseph Raymond Watts, 813 Center Street, El Segundo, CA 90245. This business is being conducted by an Individual. The registrant commenced to transact business under the fictitious business name listed: N/A. Signed: Joey Watts, Owner/Registrant. This statement was filed with the County Recorder of Los Angeles County on November 14, 2013. NOTICE: This Fictitious Name Statement expires on November 14, 2018. A new Fictitious Business Name Statemen must be filed prior to November 14, 2018 The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal. State or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald: December 12,19, 26, 2013 and January 02, 2014. **H-1017.** 

## **Fictitious Business** 2013254676

The following person(s) is (are) doing business as 1. GARDEN MAVEN DESIGNS. 2. DENISE MAYNARD DESIGN & STYLING. 1720 GATES AVE, MANHATTAN BEACH, CA 90266. 222 N. SEPULVEDA BLVD. #2000. EL SEGUNDO, CA 90245. Registered Owner(s): Denise Maynard, 1720 Gates Avenue, Manhattan Beach, CA 90266. This business is being conducted by an Individual. The registrant commenced to transact business under the fictitious business name listed: January 01, 2012. Signed: Denise Diane Maynard, Owner. This statement was filed with the County Recorder of Los Angeles County on December 12, 2013.

NOTICE: This Fictitious Name Statement expires on December 12, 2018. A new Fictitious Business Name Statement must be filed prior to December 12, 2018. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald: December 19, 26, 2013 and January 2, 9, 2014. H-1024.

## Fictitious Business 2013243089

The following person(s) is (are) doing business as MODERN TWIST BARBER SHOP. 4563 W. ROSECRANS AVE., HAWTHORNE, CA 90250. Registered Owner(s): Adrian Saldaña, 720 Stepney Place, Inglewood, CA 90302. This business is being conducted by an Individual. The registrant commenced to transact business under the fictitious business name listed: N/A. Signed: Adrian Saldaña, Owner. This statement was filed with the County Recorder of Los Angeles

expires on November 25, 2018. A new Fictitious Business Name Statement must be filed prior to November 25, 2018. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). Hawthorne Press Tribune: December 5,

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### Fictitious Business Name Statement 2013245336

The following person(s) is (are) doing business as JJ AND M COLLISION CENTER/TOWING. 4963 ALHAMBRA AVE, LOS ANGELES, CA 90032. Registered Owner(s): Kimathi Sweeney. 2401 W. Caldwell St, Compton, CA 90220. This business is being conducted by an Individual. The registrant commenced to transact business under the fictitious business name listed: N/A. Signed: Kimathi Sweeney, Owner. This statement was filed with the County Recorder of Los Angeles County on November 27, 2013.

NOTICE: This Fictitious Name Statement expires on November 27, 2018. A new Fictitious Business Name Statement must be filed prior to November 27, 2018. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). Torrance Tribune: December 05, 12, 19, 26, 2013. HT-1012.

### Fictitious Business Name Statement 2013251875

The following person(s) is (are) doing business as LA MECHA RESTAURANT.
7831 S. ALAMEDA ST, LOS ANGELES,
CA 90001. 1675 E. 111<sup>Th</sup> PLACE, LOS
ANGELES, CA 90059. Registered
Owner(s): Maria Elizalde, 1675 E. 111<sup>th</sup> Place, Los Angeles, CA 90059. This business is being conducted by an Individual. The registrant commenced to transact business under the fictitious business name listed: N/A. Signed: Maria Elizalde, Owner, This statement was filed with the County Recorder of Los Angeles County on December 9, 2013.

NOTICE: This Fictitious Name Statement expires on December 9, 2018. A new Fictitious Business Name Statement must be filed prior to December 9, 2018. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code) 26, 2013 and January 2, 9, 2014. HH-1023.

## Fictitious Business Name Statement 2013244643

The following person(s) is (are) doing business as BRONZE BAR. 2041 ROSECRANS AVE #170, EL SEGUNDO, CA 90245. Registered Owner(s): C. Ashley Davis, 707 Hermosa Ave, Hermosa Beach, CA 90254. This business is being conducted by an Individual. The registrant commenced to transact business the fictitious business name listed: N/A. Signed: C. Ashley Davis, Owner. This statement was filed with the County Recorder of Los Angeles County on November 26, 2013.

NOTICE: This Fictitious Name Statement expires on November 26, 2018. A new Fictitious Business Name Statement must be filed prior to November 26, 2018. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald: December 12,19, 26, 2013 and January 02, 2014. H-1022.

## **Fictitious Business** 2013249828

The following person(s) is (are) doing business as BALLERS. 140 E. TAMARACK AVE, INGLEWOOD, CA 90301. Registered Owner(s): Nima Nicholas Shafiee, 32650 Nantasket Dr #96, Rancho Palos Verdes, CA 90275. This business is being conducted by an Individual. The registrant commenced to transact business under the fictitious business name listed: N/A. Signed: Nima Nicholas Shafiee. This statement was filed with the County Recorder of Los Angeles County on December 05, 2013. NOTICE: This Fictitious Name Statement

expires on December 05, 2018. A new Fictitious Business Name Statement must be filed prior to December 05, 2018. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code) wood News: Decemb 2013 and January 02, 2014. HI-1018.

## **Fictitious Business** 2013231393

The following person(s) is (are) doing business as THE BIBLE CHURCH OF HIS WILL. 1. 2000 E. MARIPOSA AVE, EL SEGUNDO, CA 90245. 2. P.O. BOX 91603, LOS ANGELES, CA 90009. Registered Owner(s): The Bible Church of His Will, 2000 E. Mariposa Ave, El Segundo, CA 90245. This business is being conducted by a Corporation. The registrant commenced to transact business under the fictitious business name listed: November 12, 2003. Signed: The Bible Church of His Will, e.uche nyeche, president. This statement was filed with the County Recorder of Los Angeles County on November 7, 2013. NOTICE: This Fictitious Name Statement expires on November 7, 2018. A new Fictitious Business Name Statement must be filed prior to November 7, 2018. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code) El Segundo Herald: December 05, 12, 19, 26, 2013, H-1014,

THE **STAFF** 

AT **HERALD PUBLICATIONS WISHES** Α

THE COMMUNITY County on November 25, 2013. NOTICE: This Fictitious Name Statement **HAPPY** NEW YEAR!

# PETSPETSPETSPETS

# Pets Without Partners

Adopt a "pet without a partner" and receive unconditional love when you give a homeless pet a second chance in life.

Meet our **Bell** of the Ball! Whoever is lucky enough to adopt this little one is in



Rell

for a real treat. We are quite picky about bringing a Pit Bull into our rescue unless they are superb, and our little Bell is beyond superb. Did you notice she has a white blaze of lucky #7 on her chest? This pup will bring her new family an abundance of happiness. She is a great listener, learned to sit in 10 minutes and is working on the stay command too. Bell has great play manners with all the other puppies here at the rescue and connects with everyone she meets. She is very intelligent, is already 100% cratetrained and her personality can be summed up with the word engaging. She is, however, a perfect match for Pit Bull Terrier lovers who understand the breed. This is a perfect little puppy--no issues here. We guarantee 100% satisfaction. Bell will be spayed, is current



Taylor

on vaccinations, de-wormed, microchipped, fine with other dogs, and cat-safe.

**Taylor** is a super cute little Dachshund/ Corgi puppy. She is red in color and was born with a docked tail. Her mother was a purebred Red Dachshund and her father was a Corgi mix with a docked tail. Little Taylor is a very unique-looking little puppy with her beautiful airplane ears. She is full of puppy energy and loves to play. With her very loving and sweet personality, our darling Taylor will be a great family pet. Taylor is fine with all the other dogs here at the rescue and patiently awaiting her forever home. Taylor will be fixed when of age, is current on vaccinations, de-wormed, microchipped, fine with other dogs, cat-safe, and we request that children in the household be over eight, please.

Jack is a beautiful fawn-colored Puggle who is 18 months old and weighs 16 pounds. This adorable pup loves to cuddle with you, is very loving and sweet and good on a leash. Jack was rescued from the Carson Shelter where he entered as a stray and is currently in a foster home where he is already housebroken. He uses the doggie door with ease, sleeps just fine in his crate at night and does not bother the cat in the home. Jack is neutered, current on vaccina-



Jack

tions, de-wormed, microchipped, fine with other dogs, cat-safe, and we recommend that children in the home be over the age of eight, please.

To learn more about these and other wonderful dogs, visit our website at www. animalsrule.org. If a dog is on our website, it's available. Or come to our Saturday adoption events from 11 a.m. to 3 p.m. at 305 North Harbor Boulevard in San Pedro (just off the 110 near the cruise port). We are always in need of donations for veterinarian bills and our senior dogs. Donations can be made through our website or by sending a check payable to: Animals Rule Placement Foundation at 305 North Harbor Blvd., San Pedro, CA 90731. All donations are tax-deductible. We are a registered 501©3 non-profit organization.

Saving one animal won't change the world, but the world will surely change for that animal. •

# **Purrrfect Companions**

For the month of December, Kitten Rescue is offering special discounts on adoption fees in our "Home for the Holidays" adoption drive. Adoption fees for adult kitties two years and older are only \$20! "Teen" kitties (six



Jonguil

months to two years of age) are \$60 and kittens younger than six months are \$120, or two kittens for \$200. Add a little love in the New Year when you adopt your purr-fect partner.

Jonquil was rescued with her siblings, but they have all since been adopted and Jonquil has been left behind, wondering when her family will find her. Jonquil has beautiful, soft green eyes that are set off by her reddish Tabby fur that is streaked with black. Jonquil is a lovable girl who adores being petted, yet is confident and independent enough to be left alone. Gorgeous to look at, fun to play with and easy to live with, she is the girl you've been waiting for. Jonquil has lived with small dogs and would be great with an older dog or a calm one who will leave her alone. She is definitely an alpha cat who loves hefty, easygoing, docile male cats who won't ignore her but also won't bug her. Jonquil would also be content as an only cat. This gorgeous girl is very deserving of a loving home and has waited a long time to find her family. Come meet her and find out if that family is you!

Fern is a beautiful, petite black kitten with big, round green eyes that look right into your heart. Fern is very sweet and playful and charges around the house with the other kittens. Fern likes to carry her toys in her mouth and will keep you entertained with her antics. She would enjoy someone who will take time to talk to her and pet her. She would prefer to have a calm, slow-paced home to call her own. Fern is great with other cats, though she is intimidated by dominant cats, so a better match would be someone mellow and easygoing. She can also be a single cat, as the individual attention will likely allow her to blossom into the little princess that she is.

These kittens/cats are available for adoption through Kitten Rescue, one of the largest cat rescue groups in Southern California. All of our kitties are spayed/neutered, microchipped, tested for FeLV and FIV, de-wormed and current on their vaccinations. For additional information and to see our other kitties, please check our website at www.kittenrescue.org, or email us at mail@kittenrescue.org. Your tax-deductible donations for the rescue and care of our cats and kittens can be made through our website or by sending a check payable to Kitten Rescue, 914 Westwood Boulevard, #583, Los Angeles, CA 90024.

On Saturdays, we have adoptions from noon to 3 p.m. in Westchester at 8655 Lincoln Boulevard, just south of Manchester Avenue, and also in Mar Vista at 3860 Centinela Avenue, just south of Venice Boulevard. Our website lists additional adoption sites and directions to each location.

Be kind. Save a life. Support animal rescue. •



Fern

## 10 Early Warning Signs of Cancer in Pets

By Dr. Greg Perrault

According to the American Veterinary Medical Association, the number of pets with cancer is growing each year. In fact, one in three dogs are diagnosed with cancer in their lifetime. There are many theories on why this may be. But whatever the cause, it is extremely important to detect the cancer as early as possible. Just as in people, early detection and treatment will have the best outcome.

The Veterinary Cancer Group is one of the largest and most advanced oncology groups in the world for animals and have been serving Southern California since 1992. They have provided this excellent list of early signs of cancer in cats and dogs.

Swollen lymph nodes: Most easily detected behind the jaw or behind the knee. A biopsy or fine needle aspirate aids in the diagnosis.

An enlarging or changing lump: Be aware of any lump that rapidly grows or changes in texture or shape. Just as the swollen lymph node, a biopsy or fine needle aspirate is recommended.

Abdominal distention: This may suggest a mass or tumor in the abdomen, among other things. Radiographs and ultrasound are warranted to investigate the problem.

Chronic weight loss: Many cancer patients will experience weight loss.

Chronic vomiting or diarrhea: Tumors of the gastrointestinal tract often cause chronic GI signs. Radiographs, ultrasound and sometimes endoscopy are used to help diagnose this common cancer in pets.

Unexplained bleeding: Non-trauma induced bleeding from the mouth, nose, reproductive tract or gums should prompt a thorough exam

and blood work. A CT scan is often warranted in the case of a bloody nose.

Cough: A dry, non-productive cough in an older pet calls for chest radiographs. This type of cough is the most common sign of lung cancer.

Lameness: Lameness, especially in large or giant breed dogs, is a very common sign of bone cancer. Radiographs of the affected area should be taken.

Straining to urinate: If symptoms of a urinary tract infection are not rapidly controlled with antibiotics or are recurrent, bladder cancer should be on the list of differentials. Radiographs, ultrasound and sometimes cystoscopy are necessary for obtaining a definitive diagnosis. In dogs, a blood test is also used to detect bladder cancer.

Oral odor: Thorough oral examination while under anesthesia is often necessary to determine if an oral tumor is the cause of the problem.

Getting a diagnosis of cancer in your pet is very frightening. There is good news, however. Cancer in pets is not an automatic death sentence. The successful treatment and management of cancer in pets is also increasing every year. And, unlike people, pets have very few side effects to chemotherapy and radiation treatment. They usually don't lose their hair or their appetite. Please learn these important early warning signs of cancer and call your veterinarian right away if you notice

Hoping you and your family have a joyous holiday season.

Dr. Greg Perrault owns and operates Cats & Dogs Animal Hospital in Long Beach California. •

# Happy Tails

Another happy adopter, happy dog and "Happy Tail" thanks to the *El Segundo Herald*! Alex and Tailgate found each other through the *Herald* and are excited to celebrate their happy New Year together. Animals Rule, Kitten Rescue and LA Rabbits wish to thank Herald Publications for their encouragement and continued support of animal rescue groups and shelters. As we start the New Year, please remember to *adopt*—don't shop—when considering your next family pet. From dogs to cats, birds to reptiles, and rabbits to guinea pigs, homeless pets of every type are waiting for their "forever" family to find them.

When you adopt a "pet without a partner," you will forever make a difference in their life and they are sure to make a difference in yours. •



Alex and Tailgate